FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

l	OMB APPRO	VAL							
	OMB Number:	3235-0287							
l	Estimated average burden								
l	hours per response:	0.5							

	Check this box if no longer subject to
٦	Section 16. Form 4 or Form 5 obligations may continue. See
J	obligations may continue. See
	Instruction 1(h)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name an <u>Mainell</u>		2. Issuer Name and Ticker or Trading Symbol Xtant Medical Holdings, Inc. [XTNT]									ck all app	nship of Reporting F applicable) pirector		Person(s) to Issuer 10% Owner					
(Last) (First) (Middle) 664 CRUISER LANE						3. Date of Earliest Transaction (Month/Day/Year) 04/08/2018										er (give title w)		Other (specify below)	
(Street) BELGRADE MT 58714  (City) (State) (Zip)				4. If Amendment, Date of Original Filed (Month/Day/Year)									6. In Line	) 【 Forn	or Joint/Group Filing (Check Applicable m filed by One Reporting Person m filed by More than One Reporting son				
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3)  2. Transac Date (Month/Da						Execution Date,			3. Transaction Code (Instr. 5)					Secur Benef	icially d Following	Form:	nership Direct Indirect itr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Code	v	Amount	(A (C	) or ))	Price	Transa	action(s) 3 and 4)			(11311. 4)
Common Stock 04/08/2						2018		A		20,833	(1) A		\$ <mark>0</mark>	2	20,833		D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	vative Conversion Date Execution Date, irity or Exercise (Month/Day/Year) if any			4. Transa Code (I 8)		of		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		r. 3	Price of erivative ecurity istr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		11. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	Amou or Numl of Share	per							

## **Explanation of Responses:**

1. The common stock vests as follows: (i) 10,416 shares of common stock vests on February 15, 2019, and (ii) 10,417 shares of common stock vests of February 15, 2020.

/s/ Carl D. O'Connell, Attorney-in-Fact

04/10/2018

Date

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.