FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
OMB Number: 3235-0287								
Estimated average burden								
hours per response: 0.								

Instruc	tion 1(b).				Filed						ies Exchange npany Act of		934		liouis	, ро. тоор		0.0	
1. Name and Address of Reporting Person*						2. Issuer Name and Ticker or Trading Symbol Xtant Medical Holdings, Inc. [XTNT]								S. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
(Last) 664 CRU	(Fi JISER LAN	,	3. Date of Earliest Transaction (Month/Day/Year) 10/15/2021								Officer (give title Other (specify below) President and CEO								
(Street) BELGRA		T rate)		9714 ip)		4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Lir	ne) X Forn Forn	fividual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person				
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da						Execution Date,			ction Instr.	4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 5)			nd Secur Benef Owne	5. Amount of Securities Beneficially Owned Following Reported		ership Direct Indirect tr. 4)	7. Nature of Indirect Beneficial Ownership		
									Code	v	Amount	(A) or (D) Price Reported Transaction(s) (Instr. 3) (Instr. 3 and 4)						(111501.4)	
Common Stock, \$0.000001 par value 10/15/2					2021		F		160,219	D	\$1.3	\$ 1.11 1,637,684 ⁽		I)				
			Tab								osed of, o onvertible				d				
1. Title of	2.		nsaction	3A. Dec	med on Date			6. Date Exercisable and 7. Title and			8. Price of 9. Number).	11. Nature				

Explanation of Responses:

or Exercise Price of

Derivative

Security

Security (Instr. 3)

1. Includes 197,426 shares that will be issued over time subject to vesting pursuant to a restricted stock unit granted under the Xtant Medical Holdings, Inc. 2018 Equity Incentive Plan and 1,101,644 shares that will be issued over time subject to vesting pursuant to a restricted stock unit granted under the Xtant Medical Holdings, Inc. Amended and Restated 2018 Equity Incentive Plan.

Date

Exercisable

/s/ Amy Culbert, attorney-in-

Amount Number

Shares

Securities

Derivative

Title

Underlying

Security (Instr. 3 and 4)

Expiration

Date

10/18/2021

Security (Instr. 5)

Securities Beneficially

Following

Reported

Transaction(s) (Instr. 4)

Owned

Form: Direct (D)

or Indirect

(I) (Instr. 4)

Beneficial

Ownership (Instr. 4)

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

if any (Month/Day/Year)

Code (Instr.

ν

Code

8)

Derivative

Securities Acquired

(A) or Disposed

of (D) (Instr. 3, 4 and 5)

(A) (D) (Month/Day/Year)

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

(Month/Day/Year)

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.