FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

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Washington	DC2	N549			

OMB APP	ROVAL
OMB Number:	3235-0287
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0.5

hours per response:

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan for the purchase or sale of equity securities of the issuer that is intended to satisfy the affirmative defense conditions of Rule 10b5-

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	ee Instruction																		
1. Name and Address of Reporting Person*				2. Issuer Name and Ticker or Trading Symbol Xtant Medical Holdings, Inc. [XTNT]								Relationship of Reporting Person(s) to Issuer (Check all applicable)							
Browne Sean E													V	Director			10% Owner		
(Last) 664 CRU	st) (First) (Middle)					3. Date of Earliest Transaction (Month/Day/Year) 10/15/2024								V	— below)			e Other (speci below) nt and CEO	
(Street)	ADE N	1 T	59714		4. If A	Ameno	lment,	Date o	of Origina	al File	d (Month/Da	y/Year	·)	6. Indi	Form	filed by One	e Repo	rting Perso	on .
(City)	(;	State)	(Zip)												Perso	filed by Moi on	re than	One Repo	orting
		Tab	e I - No	n-Deriva	ative S	Secu	rities	Acc	uired	, Dis	posed of	, or I	3ene	ficially	/ Own	ed			
1. Title of Security (Instr. 3) 2. Transacti Date (Month/Day)						Execution Date,			Transaction Disposed Of (D) (Instr. 3, 4					ties cially I Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Direct of Indirect Interest In	7. Nature of Indirect Beneficial Ownership		
									Code	v	Amount	(A) (D)	or	Price		action(s) 3 and 4)			(Instr. 4)
Common Stock 10/15/20					024		F ⁽¹⁾		105,442 ⁽¹⁾ D		\$0.59	9 2,190,942(2)			D				
		Т	able II								osed of, convertib				Owne	d			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Execu) if any			5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		rative rities pired r osed)	6. Date Exerc Expiration Da (Month/Day/N		ate	7. Title and Amount of Securities Underlying Derivative Security (Ins 3 and 4)		Der Sed (Ins	Price of rivative curity str. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	y D (I	0. Ownership form: Direct (D) or Indirect () (Instr. 4)	11. Nature of Indirect Beneficia Ownersh (Instr. 4)
								(D)			Expiration Date	Title	Amo or Num of Shar	ber					

Explanation of Responses:

- 1. These shares were withheld by the Issuer to pay tax withholding obligations upon vesting and settlement of restricted stock unit awards.
- 2. Includes an aggregate of 862,294 shares issuable upon vesting and settlement of restricted stock unit awards or deferred stock unit awards granted under the Xtant Medical Holdings, Inc. 2023 Equity Incentive Plan, in each case conditioned upon the Reporting Person remaining an employee of Xtant through the respective vesting dates.

/s/ Amy E. Culbert, attorney-

10/16/2024

in-fact

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.